

# HEALTH AND SAFETY GUIDELINES DURING THE CORONAVIRUS PANDEMIC

## ATTENDANCE AND WORKING

- All campers/riders and staff should stay at home if
  - They are sick or have been in close contact with a person with COVID-19
  - They have tested positive for COVID-19 or are showing symptoms
- If campers or staff have had close contact with a person with COVID-19 or they have been sick with COVID-19, they should follow the CDC guidelines about when to return to the barn
  - **If they have been sick with COVID-19**
  - **If they have recently had a close contact with a person with COVID-19**

## HYGIENE

- All staff and campers/riders should wash their hands frequently with soap and water for 20 seconds and use a disposable paper towel to dry their hands. Hand sanitizer that contains at least 60% alcohol will also be available and can be used.
- Coughs and sneezes should be covered with a tissue. Used tissues should be discarded in the trash and hands washed immediately with soap and water for at least 20 seconds. If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used.

## CLOTH FACE COVERINGS

- Recognizing the difficulty of wearing face coverings for prolonged periods in high temperatures, we are requiring our staff to wear face coverings when in the barn and in close proximity to campers/riders.
- See information from the CDC about **proper use, removal, and washing of cloth face coverings**.
- Note: Cloth face coverings should **not** be placed on:
  - Babies or children younger than 2 years old
  - Anyone who has trouble breathing or is unconscious
- Cloth face coverings are meant to protect other people in case the wearer is unknowingly infected but does not have symptoms. Cloth face coverings are not surgical masks, respirators, or other medical personal protective equipment.

## DISTANCING

- Staff will strongly encourage campers to maintain a 6 ft. distance from one another. Groups will eat outside where they can space themselves out.
- **Note:** during beginner lessons, close contact between staff and campers cannot be avoided. A beginner frequently needs hands-on help mounting, adjusting the girth and stirrups, and learning how to place their hands on the reins. The length of time of contact is usually brief.
- Campers will be assigned to a specific group for the week. The groups will stay separated as much as possible and the counselors assigned to the group will remain with the group for the entire week.

## CLEANING AND DISINFECTION

- High-touch surfaces such as tables, benches, stall latches, shovels, commonly used tack, door knobs, and light switches will be cleaned daily. The bathroom will be cleaned daily.
- Be aware that at the barn, true disinfection is not possible. That said, our staff will be doing their utmost to keep surfaces as clean as possible.
- Each camp station is equipped with disinfectant and hand sanitizer

## SHARED OBJECTS

- Campers and Riders
  - Campers will be offered surgical gloves to wear when grooming horses.
- If possible, campers and riders are strongly encouraged to purchase their own helmet. However, if you don't have your own helmet Chamounix has purchased new helmets. which will be assigned to a camper for the whole week and disinfected between camp weeks.
- Campers
  - Each camper will be asked to put their lunch/book bag at their group picnic table in the plastic bin
  - Each camper should bring his/her own lunch AND SNACK. Children should be reminded not to share their food or drinks.

- Each camper should bring a full water bottle, clearly labeled with their name.

#### **OUTDOORS/INDOORS**

- As much as possible, activities will take place outdoors. The barn is well ventilated and similar to being outside. Enclosed spaces (except for the bathroom and tack room) will not be used.

#### **MORE INFORMATION**

- For more information, see the following websites:
  - <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summer-camps.html>
  - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
  - <https://www.governor.pa.gov/wp-content/uploads/2020/05/20200522-Department-of-Health-2020-Summer-Program-FAQ.pdf>